



*Presents for your consideration:*

## Cardio HTN

- ◆ **Comprehensive botanical support for healthy blood pressure support**
- ◆ **Nutritional, mineral, and botanical factors for cardiovascular health**
- ◆ **Support of healthy intracellular calcium metabolism**
- ◆ **Parathyroid Hypertensive Factor - support of healthy regulation**

*For support of healthy blood pressure regulation, think of Cardio HTN. Cardio HTN contains nutritional, botanical and mineral support for vessel tension regulation.*

**Terminalia arjuna** is the herb of choice in Ayurvedic medicine for cardiovascular health. Arjuna supports healthy heart function, lipid metabolism, has antioxidant properties and promotes healthy prostaglandin levels. Its principal constituents are:  $\beta$  – sitosterol, ellagic acid and arjunic acid.

**Tribulus terrestris** has been used traditionally for fluid retention, as an antiseptic and anti-inflammatory. Additional uses have been to support liver, kidney and cardiovascular health. Current use is often for support of sexual function and fertility. Tribulus has smooth muscle relaxant properties,

which explain its benefit on sexual function and its blood pressure regulating properties.

**Cordyceps Sinensis and Shark Cartilage** are combined in Cardio HTN to support the healthy regulation of PHF (Parathyroid Hypertensive Factor). Healthy PHF levels support healthy intracellular calcium levels, which supports healthy blood pressure.

<b>Cardio HTN</b>	<b>Amounts per serving</b>
Serving size	2 veggie capsules
Number of servings per container	30
Terminalia arjuna PE (1%)	500 mg
Tribulus terrestris (40%)	300 mg
Cordyceps sinensis	200 mg
Shark Cartilage	200 mg
Rauwolfia serpentina (8%)	100 mg
Inula racemosa extract (2%)	200 mg
Coleus forskohlii (10%)	100 mg
Magnesium (glycinate)	200 mg
<b>Suggested Dose:</b> As a dietary supplement, take 1-2 capsules per day with a meal or as directed by a health care professional.	

**Rauwolfia serpentina** contains the alkaloid, reserpine. Rauwolfia has been shown to be an effective blood pressure lowering agent. Rauwolfia's alkaloids relax the nervous system by reduction of sympathetic dominance. This effect is mediated by removal of noradrenaline and prevention of reabsorption at the noradrenergic nerve ending. Rauwolfia may have selective noradrenaline reuptake inhibitor properties. When given in small quantities the main effect is relaxation of the mind and blood vessel tone. Large doses (several grams) may promote depression. No health hazards are known in conjunction with the proper administration of designated therapeutic dosages.

**Inula racemosa** has its traditional use in Ayurvedic medicine for the support of healthy blood pressure, cardiovascular health, liver and respiratory health.

**Coleus forskohlii** contains a diterpene molecule known as forskolin, which is a powerful activator of adenylate cyclase which leads to elevation of cAMP. In the artery, this effect promotes relaxation of the arterial wall and a reduction of blood pressure.

**Magnesium** has potent vasodilator properties and has the ability to displace calcium from the smooth muscle cell surfaces. With magnesium deficiency there is an increased flow of calcium into vascular smooth muscle cells, increasing contractility and potentiated constrictor effects.

#### References:

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These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

**For Quality and Value without Compromise**



**Is the logical choice!**