



Presents for your consideration:

Cordyceps Sinensis

- Supports immune function
- Promotes kidney health
- Helps restore sexual function
- Anti-aging
- Improves insulin regulation
- Increases adaptation to stress

In its natural state *Cordyceps Sinensis* is a fungus that parasitizes a caterpillar that grows high in the Himalayas. In the winter the parasitized caterpillar burrows into the ground. In the spring Cordyceps having completely consumed the caterpillar pushes out of the ground like a small mushroom. This “mushroom” is harvested as Cordyceps an herb revered since ancient times.

With modern technology it is now possible to cultivate Cordyceps in a liquid fermentation using silk worms as the growth media. Once produced the fermented Cordyceps is hot water extracted then dried and encapsulated. This modern process has made it economically feasible to produce Cordyceps which was once the herb of choice for Chinese Emperors

Anti-aging , sexual rejuvenative and tonic

Cordyceps Sinensis is a Chinese herb known since ancient times as one of the best tonic and adaptogens. Unlike many tonic herbs, Cordyceps is balanced in both Yin and Yang essence and much less likely to lead to imbalances than herbs like Ginseng.

Cordyceps Sinensis	Amounts per serving
Serving Size	1
Number of servings per container	90
Cordyceps (<i>Cordyceps sinensis</i>)	500 mg
Suggested Dose: As a dietary supplement, take 1 capsule daily or as directed by your health care practitioner.	

Cordyceps was once revered by ancient Chinese Emperor’s who consumed it to promote youthful sexual vigor and a long life.

Modern Research shows that Cordyceps has vasodilatory effects similar to the mode of action of drugs used to treat Erectile Dysfunction. Mouse studies have shown that Cordyceps stimulates testosterone production in a manner similar to luteinizing hormone.

In a study Mice given Cordyceps swam longer than controls with less evidence of stress on their adrenals, spleen, thymus and thyroid glands.

Immune support

Cordyceps is a medicinal mushroom with immune stimulating and modulating properties. Cordyceps is a good source of polysaccharides known as beta glucans. Mushroom beta glucans prevent oncogenesis, show direct antitumor activity, and prevent metastasis. Mushroom polysaccharides including those from Cordyceps produce their antitumor effects by activating different immune responses in the host. This immune activation is through a thymus-mediated mechanism.

Kidney Health

In Chinese medicine Cordyceps is considered to be an excellent kidney tonic. Modern research has been conducted to test Cordyceps's effect on the kidneys. Young and old rats were given Gentamycin and Cordyceps. The renal tubular injury was ameliorated as evidenced by less prominent increment of BUN, SCr, sodium excretion, urinary NAGase and less severity of histopathological changes as compared with controls.

Increased Insulin Sensitivity

A group of rats were given Cordyceps and were compared to controls. C-peptide response observed during the oral glucose tolerance test was significantly decreased. The integrated insulin area under the curve and the glucose insulin index were significantly decreased.

Additional Benefits

Cordyceps had been shown to benefit the lungs and balance and strengthen the endocrine system. Cordyceps contains anti-oxidant, antisenescence, hypolipidemic and antiatherosclerotic properties. Cordyceps tonifies the nervous, hepatic, cardiovascular, immune and respiratory systems.

Safety and Dosage

Cordyceps sinensis is safe and natural. In China Cordyceps is used as a food as well as medicine. One ancient recipe recommended cooking 50 grams of Cordyceps into a duck and eating it for several days to restore health and vitality. Because Cordyceps, is a balanced tonic herb it is safe for long term use. The usual dosage is 1-3 grams a day.

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