



Presents for your consideration:

Ultra CoQ10™

- **Supports cellular energy production and respiration**
- **Enhances Mitochondrial electron transport and energy production**
- **Important for overall cardiovascular and neurological health**
- **Supports healthy gum/periodontal tissue**
- **Protective antioxidant**
- **Helpful in correcting CoQ10 deficiencies resulting from HMG-CoA reductase inhibiting cholesterol-lowering medications**

Coenzyme Q10: inhibits the oxidation of LDL cholesterol, and protects mitochondrial and cellular membranes. Due to these cellular membrane and structural benefits, CoQ10 may be beneficial for a wide range of health conditions. CoQ10 has shown positive protective benefits for heart and neurological disease. Oxidized LDL cholesterol plays an important part in the pathogenesis of atherosclerosis. By protecting LDL from oxidative damage CoQ10 reduces the risk of atherosclerotic plaque formation. CoQ10 acts as a cofactor in the mitochondrial electron transport chain, where it accepts electrons from complex I and II, an activity directly involved in the production of cellular energy via ATP production.

CoQ10 has been an approved drug in Japan for use in congestive heart failure since 1974.

Ultra CoQ10™	Amounts per serving
Serving size	1 capsule
Number of servings per container	60
Lecithin	150 mg.
CO-Enzyme Q10	100 mg.
Suggested Dose: Take 1 capsule, 1-2 times per day, or as directed by a health care professional.	

HMG-CoA reductase inhibiting cholesterol reducing medications can deplete CoQ10 levels, resulting in less cellular energy production and less antioxidant protection to all cellular tissues (cell membranes and cellular structures).

CoQ10 levels decrease with aging, due to reduced biosynthesis by the body. Supplemental CoQ10 may be beneficial. CoQ10 is fat soluble and therefore best taken with meals. The addition of an emulsifying agent, such as lecithin, can aid in the absorption of CoQ10.

CoQ10 reduced the symptoms of fatigue, chest pain, dyspnea (shortness of breath) and palpitations in patients with congestive heart failure. In some patients normal heart size and function were restored.

CoQ10 has shown positive efficacy in reducing gingival inflammation and periodontal pocket depth.

CoQ10 may help ameliorate the cardiotoxicity of doxorubicin.

Ongoing research is looking at the possibility of positive benefit of CoQ10 for immunological disorders, muscle wasting diseases, cancers, age related elevated blood sugar disorders, elevated blood pressure and chronic fatigue associated conditions. Currently these claims are inconclusive. More rigorous studies are needed.

Lecithin: is an emulsifying agent used to enhance the absorption of fat-soluble products. Lecithin may enhance the absorption of Coenzyme Q10.

References:

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Precautions: Coenzyme Q10 may decrease the effectiveness of warfarin (1 report).

Because no long-term safety studies have been done to confirm safety, pregnant and nursing mothers should avoid CoQ10 products.

Due to possible improved glycemic control (Japanese clinical reports) in type II diabetics, blood sugar levels should be monitored regularly and medication doses adjusted as indicated.

Adverse Reactions: Mild gastrointestinal symptoms such as nausea, diarrhea and epigastric distress have been reported, particularly with doses higher than 200 mg per day.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

For Quality and Value without Compromise



Is the logical choice!