



ULTRA LEAN APPETITE CONTROL CAPSULES

BLADDERWRACK is a sea vegetable with high trace mineral, iodine, and protein content. Due to its nutritional components Bladderwrack supports a healthy metabolism.

HOODIA GORDONII extracts have been used by the Bushmen of South Africa for years. This natural cactus plant is said to increase energy, enhance the mood, and stave off hunger. Hoodia acts as a natural appetite suppressant supporting an ideal weight and body composition.

NAT (N ACETYL L-TYROSINE), DL PHENYLALANINE, L-GLUTAMINE, 5HTP are included in the Ultra Lean Appetite Control formula to assist in neurotransmitter balance and to help curb the brain's appetite control center.

ULTRA LEAN THERMO CAPSULES

ULTRA LEAN THERMO offers stronger support for weight loss. This product is a stimulant and as such helps induce fat metabolism.

STIMULANT THERMOGENICS (SINEPHRINE HCL, GREEN TEA EXTRACT, AND CAFFEINE ANHYDROUS) act to stimulate thermogenesis or fat burning. Those with hypersensitive nervous systems should avoid this product. Sinephrine is reported to be less stimulating to the nervous system than Ephedrine and as such may offer a safer alternative to the Ephedra/Ephedrine products of the past.

NON-STIMULATORY FAT METABOLISM ENHANCERS (NOPAL CACTUS LEAF, GARCINIA CAMBOGIA, COLEUS FORSKOHLII, L-CARNITINE) Nopal is a vegetarian fat blocker derived from the cactus leaf. It works similarly to Chitosan (sea shell source) without the animal source or risk of shell fish allergy. By combining with dietary fat in the intestine and blocking absorption, fewer fat calories are absorbed with each meal. Garcinia is a source of (-) Hydroxy Citric Acid. This botanical enhances fat cell metabolism directly without stimulation to the nervous system. Coleus acts to regulate cAMP, which supports healthy fat metabolism. Lastly, L-Carnitine enhances the delivery and metabolism of fatty acids by cellular mitochondria. Enhancing mitochondrial energy metabolism, particularly in the adipocytes (fat cells), can be helpful in an overall weight loss program.

UltraLean Functional Food Powder

Serving Size 2 scoops (44g)
Servings Per Container 14

Amount Per Serving	
CALORIC DISTRIBUTION: CHOCOLATE	
Calories	170
Calories from Fat	50
Total Fat	6 g
Saturated Fat	1 g
Trans Fat	0 g
Cholesterol	35 mg
Total Carbohydrate	14 g
Dietary Fiber	7 g
Soluble Fiber	6 g
Sugars	5 g
Protein	19 g
VITAMINS	
Vitamin A (palmitate)	2000 IU
Vitamin C (ascorbic acid)	100 mg
Vitamin D (cholecalciferol)	197 IU
Vitamin E (alpha tocopherol acetate)	48 IU
Thiamin (thiamin mononitrate)	2 mg
Riboflavin	2 mg
Niacin (niacinamide)	30 mg
Vitamin B6 (pyridoxal 5' phosphate)	15 mg
Folic acid	200 mcg
Vitamin B12 (cyanocobalamin)	250 mcg
Biotin	300 mcg
Pantothenic Acid (calcium pantothenate)	150 mg
MINERALS	
Calcium (pyruvate)	121 mg
Iron (ferrous citrate)	2 mg
Phosphorus	67 mg
Iodine (potassium iodide)	75 mcg
Magnesium (citrate/malate)	100 mg
Zinc (succinate)	10 mg
Selenium (Selenomethionine)	50 mcg
Copper (sebacate)	1 mg
Manganese (citrate)	1 mg
Chromium (nicotinate)	250 mcg
Molybdenum (sodium molybdate)	500 mcg
Sodium	270 mg
Potassium	190 mg
Vanadium	25 mcg
SPECIALTY NUTRIENTS	
Phaseolamin Extract (Northern white kidney bean extract)	300 mg
Guar Gum	300 mg
Calcium Pyruvate	200 mg
Ornithine Alpha Keto Glutarate	100 mg
Green Tea Extract	100 mg

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ULTRA LEAN FUNCTIONAL FOOD

GLUCOSE STABILIZING FORMULA POWDER
A FUNCTIONAL FOOD FOR WEIGHT LOSS & BLOOD SUGAR STABILITY

- Therapeutic levels of B vitamins
- Contains Mineral Citrates and Malates for Mitochondrial Support
- Nutrients delivered in therapeutic amounts
- Specialty nutrients are added to enhance fat metabolism and blood sugar balance

For your patients who need additional help achieving their weight loss goals, BioGenesis presents the UltraLean family of products. UltraLean products can be used alone, along with your diet and exercise recommendations, or with other products from the UltraLean family (UltraLean Functional Foods, UltraLean Appetite Control, UltraLean Thermo, UltraLean and Low Carb GlucoSupport Bars, BioBalance Diet, Super CLA, Bio HGH Releaser) for weight loss and blood sugar management. Either way, your patients have access to a complete family of weight loss and blood sugar control products.

ULTRALEAN FUNCTIONAL FOOD is designed to enhance fat loss while preserving lean tissue. In this way your body composition will be enhanced as you follow the UltraLean program. To get the most out of the UltraLean program you should use the Ultra Lean products, follow the eating guidelines in the UltraLean BioBalance diet, and begin and continue on an exercise program approved by your healthcare provider.

ULTRALEAN FUNCTIONAL FOOD is formulated to enhance fat burning safely! Stimulants such as Ephedra, Mau Haung, caffeine, etc., are not used. Instead UltraLean Functional Food acts to enhance fat cell metabolism only. That means no jitters, no rapid heart rates, no insomnia, no heart palpitations, no prostate swelling or urinary retention! UltraLean Functional Food is designed to be safe and effective.

NUTRIENTS FOR SCIENCE BASED WEIGHT LOSS & BLOOD SUGAR STABILITY

UltraLean Functional Food is a balanced high-protein, low-carbohydrate, low fat, multivitamin/mineral, specialty nutrient beverage that can be used indefinitely along with a balanced diet and exercise program to achieve your desired body composition goals.

UltraLean Thermo Capsules

Serving Size 2 capsules
Servings Per Container 60

Amount Per Serving	
Nopal cactus (leaf)	500 mg
Sinephrine HCl	50 mg
Garcinia cambogia extract (fruit & rind, standardized for 60% (-) hydroxycitric acid)	250 mg
Coleus forskohlii (10% forskohlin)	100 mg
Green Tea extract (Camellia sinensis (leaf))	100 mg
Caffeine anhydrous	100 mg
L-Carnitine	100 mg

DOSAGE: 2 capsules before meals 2 times daily or as directed by your healthcare practitioner. This product is best not taken at dinner or before bed. Dosages later in the evening may interfere with sleep.

WARNING: Do not take if you have heart disease or high blood pressure. Do not take if you are pregnant or nursing. Do not take if you are on a prescription MAO inhibitor. This product contains caffeine. It is not recommended for persons with a history of hypertension, cardiac arrhythmia, insomnia, or anxiety. Please consult your healthcare professional prior to use.



ULTRA LEAN FUNCTIONAL FOOD

THERAPEUTIC LEVEL B VITAMINS: B vitamins take part in numerous chemical processes including maintenance of blood sugar balance and assisting in normal fat metabolism. Use UltraLean Functional Food as a meal replacement, between meals (for blood sugar balance), or with a small, well-balanced meal to achieve your weight loss goals.

SELECTED CITRATE AND MALATE MINERAL CHELATES: Minerals are critical to your health and to your body's ability to properly maintain stable blood sugar levels. However, for minerals to be of any therapeutic benefit you must absorb them! Selected minerals in UltraLean are presented as Citrates and Malates to support your cells' metabolic and enzymatic efficiency.

SPECIALTY NUTRIENTS: When consumed two to three times per day the level of chromium found in UltraLean has been shown to be nutritionally beneficial in balancing blood sugar levels, reducing serum triglyceride levels in insulin resistant individuals, and balancing serum HDL levels. In addition, chromium is considered the key nutrient in glucose tolerance factor (GTF), which researchers believe increases insulin receptor sensitivity and enhances glucose transport into cells. Improving insulin sensitivity is key to enhancing fat cell metabolism and burning triglycerides as a fuel during a weight loss program. Phaseolamin is a protein extracted from White Bean and is known to have anti-alpha amylase activity. Clinical trials in America, Italy, Japan and Norway have shown a 66% to 75% reduction in starch absorption when Phaseolamin is consumed. Placebo-controlled clinical trials found that overweight individuals consuming phaseolamin as part of their diet lost an average of half a pound per week, compared to the placebo group who lost only 0.1 lbs over four weeks. Guar Gum has been added to assist in further flattening of the post-prandial glucose response. Guar gum appears to affect carbohydrate absorption by retarding the emptying of the stomach, inhibiting starch degradation, and reducing glucose absorption in the small intestine. Alpha-Ketoglutarate has been traditionally used for preventing muscle protein depletion after surgery or trauma and is included to support muscle protein synthesis. Green tea is included as a source of polyphenols and epigallocatechin gallate, which have been shown to be protective against oxidative stress. In addition green tea is a source of caffeine and has been shown to improve insulin sensitivity and enhance metabolism.

INGREDIENTS

Whey Protein Concentrate, Fibersol, Sunflower Oil, Cocoa, Xylitol, Natural Flavor, Sodium Chloride, Beflora Plus, Xanthan Gum, Guar Gum, Coconut Oil

RECOMMENDED DOSAGE: 1-2 servings per day with or between meals as part of an overall weight management program. Individual applications may vary. Consult your healthcare provider for an individualized program to suit your specific needs.

All of the ingredients in UltraLean Functional Food are safe and effective in stimulating fat metabolism or reducing fat absorption.

REFERENCES:

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Ultra Lean Appetite Control

Serving Size 6 capsules
Servings Per Container 15

	Amount Per Serving
Vitamin C (ascorbic acid)	100 mg
Vitamin B6 (Pyridoxal 5' phosphate/ Pyridoxal HCl)	50 mg
Chromium (polynicotinate)	1000 mcg
DL Phenylalanine	2000 mg
N Acetyl L-Tyrosine (NAT)	1200 mg
L-Glutamine	750 mg
5-Hydroxytryptophan (5-HTP)	150 mg
Hoodia gordonii (20:1 Extract)	200 mg
Bladderwrack	200 mg
Green Tea	200 mg
Phaseolamin	600 mg

DOSAGE: 3 capsules ½ hour before meals, two times per day, or as directed by your healthcare professional. Persons on antidepressant medication (MAO inhibitors or SSRI medication) should consult their healthcare professional prior to use.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ULTRA LEAN APPETITE CONTROL CAPSULES

- Adjunctive support for weight loss in a program that includes healthy diet and exercise
- Inhibition of carbohydrate and fat calorie absorption
- Enhanced fat burning with little neurological stimulation
- Reduction of insulin resistance
- Enhanced Mitochondrial energy support

ULTRALEAN APPETITE CONTROL offers a unique, safe, and sane approach to weight management. Instead of using alpha-adrenergic stimulants such as caffeine (trace amounts from Green Tea), guarana, ephedra/mau haung, and cola nut, we have chosen to use a safer approach. As you well know, most weight loss aides are plagued with numerous and sometimes dangerous side effects. Tachycardia (rapid heart rate), cardiac arrhythmia (irregular rhythm and palpitations), insomnia, anxiety, and benign prostatic hypertrophy are examples of common side effects.

VITAMIN B6 (Pyridoxal 5' phosphate/Pyridoxal HCl) acts as a coenzyme in many chemical pathways and as such supports healthy cellular metabolic function. Vitamin B6 aids in the healthy regulation of fluid balance through its positive influence on aldosterone hormone levels.

CHROMIUM inhibits the synthesis of new fat from carbohydrates. Additional benefits of Chromium include enhanced fat metabolism by mitochondria, enhanced effectiveness of insulin, and enhanced glucose metabolism. These benefits contribute to a stable blood sugar, which helps control sugar cravings, binge eating, etc.

PHASEOLAMIN is derived from the kidney bean *Phaseolus vulgaris*. Phaseolamin reduces the breakdown and absorption of carbohydrates and starches from potatoes, pasta, bread, etc. Reducing carbohydrate absorption contributes to a low glycemic response and reduces total insulin demand and release. Many weight loss approaches are concentrating on low carbohydrate intake. Phaseolamin helps reduce carbohydrate absorption and favorably supports weight loss.

GREEN TEA EXTRACT (*Camellia Sinensis*) acts as an antioxidant cellular protective agent and enhances cellular energy metabolism due to its natural caffeine content.